



TOWNSHIP OFFICIALS OF ILLINOIS RISK MANAGEMENT ASSOCIATION

RISK REMINDER

PARTNERING WITH TOWNSHIPS

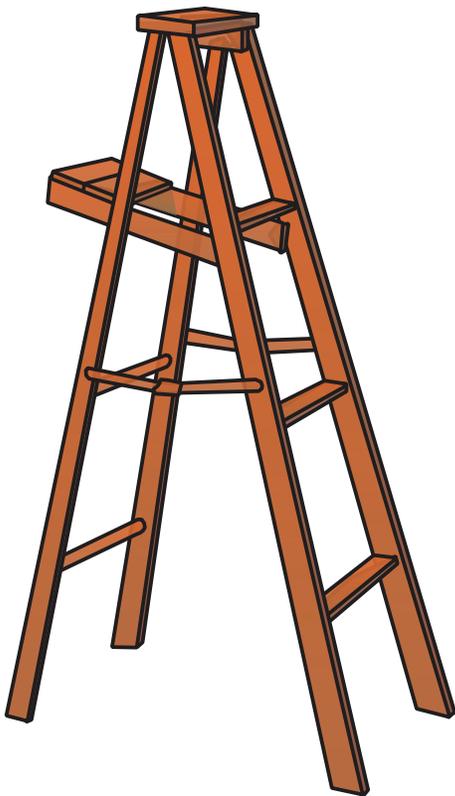
Climbing & Reaching Safely

There's never enough space to store everything you'll need in an easy-to-reach place, so you may find yourself having to get something that's out of your reach. You may need to reach extra condiments on the top shelf of dry storage, a container of bleach in the cleaning closet or milk in the walk-in refrigerator.

Whatever it is, don't try to climb the shelves or use makeshift ladders to get what you want. It's sometimes tempting to climb on anything that's handy. Standing on top of a trash can, a box, a chair or table to reach something, or making a short ladder taller by putting it on top of a box or blocks can be very dangerous.

Use the right equipment to help you reach what you want. Find out what you need - a small stepladder, an extension ladder, or even a special industrial device. If you're not sure what you need or don't think what you need is available, talk to your supervisor.

Climbing with Caution



- Face the ladder when you climb up or down.
- Hold onto the side rails.
- Carry small amounts.
- Have someone hand heavier objects up to you.
- Use a rope to raise heavier equipment. (Never raise or lower equipment by its power cord.)
- Never overreach.
- Always keep your body centered.
- Allow only one person on a ladder or stepstool at a time.
- Wear shoes with nonskid soles.
- Make sure your hands and feet are dry and free of grease.
- Never step on the top two rungs of a ladder.
- Never use a ladder or stepstool for anything other than its intended purpose.
- Never substitute stools, chairs, or boxes for ladders or stepstools.
- Avoid standing underneath a ladder; be aware of what can fall from above.

For more information, contact your Loss Control Consultant at (800) 252-5059, ext. 1387 or 1384.

CLAIM REPORTING HOTLINE (844) 562-2720 | Available 24/7